The Preparation for Worship

ALMIGHTY GOD, unto whom all hearts are open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of Thy Holy Spirit, that we may perfectly love Thee, and worthily magnify Thy holy Name: through Jesus Christ our Lord. Amen

You may wish to use the Summary of the Law:

OUR Lord Jesus Christ said: Hear O Israel, the Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first commandment. And the second is like, namely this: Thou shalt love thy neighbour as thyself. There is none other commandment greater than these. On these two commandments hang all the Law and the Prophets. Lord have mercy upon us, and incline our hearts to keep this law.

The Collect, Epistle and Gospel for the Sunday (as found in the Book of Common Prayer) The Creed

I BELIEVE in one God, the Father Almighty, Maker of heaven and earth, And of all things visible and invisible.

And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of Very God, Begotten, not made, Being of one substance with the Father, by whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth at the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: whose kingdom shall have no end. And I believe in the Holy Ghost, the Lord, the Giver of Life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets. And I believe One, Holy, Catholic and Apostolic Church. I acknowledge one Baptism for the remission of sins, And I look for the Resurrection of the dead, And the life of the world to come. Amen.

The Prayer for the Church

Remember also all specific needs you know:

ALMIGHTY and everliving God, who by Thy holy apostle hast taught us to make prayers, and supplications, and to give thanks, for all men; we humbly beseech Thee most mercifully to receive these our prayers, which we offer unto Thy Divine Majesty; beseeching Thee to inspire continually the universal Church with the spirit of truth, unity and concord; and grant that all they that do confess Thy holy name may agree in the truth of Thy holy word, and live in unity and godly love.

We beseech Thee also to lead all nations in the way of righteousness and peace; and so to direct all kings and rulers that under them thy people may be godly and quietly governed.

And grant to Thy servant Elizabeth our Queen, and to all that are put in authority under her, that they may truly and impartially minister justice, to the punishment of wickedness and vice, and to the maintenance of Thy true religion and virtue.

Give grace, O heavenly Father, to all bishops, priests and deacons, especially thy servants Shane our Primate and Ian our Bishop, that they may both by their life and doctrine set forth Thy true and lively word, and rightly and duly administer thy holy sacraments.

And to all thy people give thy heavenly grace; that with meek heart and due reverence they may hear, and receive Thy holy word; truly serving Thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee of Thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity.

And we commend to thy gracious keeping, O Lord, all thy servants departed this life in thy faith and fear; beseeching Thee to grant them everlasting light and peace.

And here we give thee most high praise and hearty thanks for all thy Saints, who have been the chosen vessels of thy grace, and lights of the world in their several generations; and we pray that, rejoicing in their fellowship and following their good examples, we may be partakers with them of Thy heavenly kingdom.

Grant this, O Father, for Jesus Christ's sake, our only mediator and advocate, who liveth and reigneth with Thee in the unity of the Holy Ghost, one God, world without end. **Amen.**

Act of Confession

Take a moment to remember the past week: recall any sins you have committed since your last Communion and offer them to our Lord Jesus Christ for His forgivenes:

ALMIGHTY God, Father of our Lord Jesus Christ, maker of all things, judge of all men; we acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought, word and deed, against Thy divine Majesty, provoking most justly Thy wrath and indignation against us. We do earnestly repent, and are heartily sorry for these our misdoings: the remembrance of them is grievous unto us; the burden of them is intolerable. Have mercy upon us, have mercy upon us, most merciful Father: for Thy Son our Lord Jesus Christ's sake, forgive us all that is past; and grant that we may ever hereafter serve and please Thee in newness of life, to the honour and glory of Thy name; through Jesus Christ our Lord. Amen.

Act of Spiritual Communion

IN union, my dear Lord Jesus Christ, with the faithful at every altar of Thy Church, where Holy Communion is being celebrated today, I join my sacrifice of praise and thanksgiving.

I believe that Thou art truly present in the Sacrament of Holy Communion. Since I cannot receive Thee sacramentally now, I humbly beseech Thee to come spiritually into my heart.

I unite myself to Thee, dear Jesus, and embrace Thy Presence with all my soul. Let me never be separated from Thee.

Come, Lord Jesus, and dwell in Thy servant in the fullness of Thy strength, in the perfection of Thy ways, in the holiness of Thy spirit, and rule over every hostile power, over every evil, by the power of the Holy Ghost, to the glory of the Father.

May the Body and Blood of my Lord Jesus Christ, celebrated at the altar by Thy faithful Priests, fill me with divine strength, preserve me from any danger or evil, and bring me to everlasting life. **Amen**

Act of Thanksgiving

OUR Father, which art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done; in earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil. For Thine is the kingdom, the power and the glory, for ever and ever. **Amen**

ALMIGHTY and everliving God, we most heartily thank Thee, for that Thou dost vouchsafe to feed us with the spiritual food of the most precious Body and Blood of Thy Son our Saviour Jesus Christ; and dost assure us thereby of Thy favour and goodness towards us; and that we are very members incorporate in the mystical body of Thy Son, which is the blessed company of all faithful people, and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of Thy dear Son. And we most humbly beseech Thee, O heavenly Father, so to assist us with Thy grace, that we may continue in that holy fellowship, and do all such good works as Thou hast prepared for us to walk in; through the same Jesus Christ our Lord, to whom, with Thee and the Holy Ghost, be all honour and glory, world without end. **Amen**

GLORY be to God on high, and in earth peace, good will towards men. We praise Thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks to Thee for Thy great glory, O Lord God, heavenly King, God the Father almighty.

O Lord the only-begotten Son, Jesu Christ: O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For Thou only art holy; Thou only art the Lord; Thou only, O Christ, with the Holy Ghost, art the Most High in the glory of God the Father. **Amen**

The Grace

+ The Grace of our Lord Jesus Christ and the Love of God and the Fellowship of the Holy Ghost be with us all evermore. **Amen**