

## Second Sunday after Easter.

“The Lord Is My Shepherd”

There is something about the twenty third psalm that exercises a soothing and beneficial influence upon the mind and body. It is the supreme expression of a soul at peace with God and man. It is surely the song of our hearts that has found the secret of tranquillity, something that is so desperately needed in these very troubling times. It is for many the sublime affirmation of a sublime faith.

It is very hard to imagine that there was ever a time when this psalm did not exist

For it resonates with the accents of the Eternal. Not one word could or should be added and not one taken away. It is absolutely perfected. Surely, these words were written at the very beginning of the world when God in His heaven created the sun the earth and the stars; David plucked them out of the cosmos and set them to the measure of his music.

When we say, “The Lord is my shepherd” we do more than assert a religious truth in a poetic form. We do something that puts us at ease and calms every nerve in our bodies. The very thought of God as our loving shepherd is a tender thought, it is a warm and comforting thought that helps to ease and sooth a troubled mind, and when we warm ourselves to this same thought we can feel our fears melting away.

The combined feelings of assurance and well-being, brings to each and every one of us to the idea of being loved, led and protected in ways that the world simply cannot give.

It is so comforting to know, that as we journey through these very dark and troubling days, where the daily total of those who have passed directly through this Covid 19 virus continues to grow significantly and thousands more are grieving, that this Psalm can be a source comfort and hope for so many.

In His Love

+lan